



MD19 DIABETES AWARENESS REPORT

May 2025

Council Chair and Council,

With over 830 million people worldwide afflicted with diabetes, the majority living in low-and middle income countries. Diabetes is a chronic, metabolic disease, a disease that over time leads to serious damage to the heart, blood vessels, eyes, kidneys and nerves.

Lions Club International has made Diabetes one of the eight global causes asking Lions around the world to help reduce the prevalence of diabetes and improve quality of life for those living with diabetes.

My approach has always been two fold. One, to send a monthly newsletter giving Lions information and encouragement in their service with respect to diabetes in their communities. And two, I hold a fitness challenge encouraging all lions to “step up to the plate” and get out there and walk. For me personally this is an added challenge as breathing isn’t at a premium anymore. I still try.

As I will be continuing to be the MD Diabetes chair, I will continue with the newsletters and of course now that the other four districts other than mine now have a heard about the fitness challenge, we will continue on with the “Golden Runner” starting in October.

Respectfully Submitted
PDG Georgia D Medwedrich
District L & MD19 Diabetes Chair

