



We Serve

Serving the Lions of British Columbia, North Idaho and Washington



the Border Crossing

September/October, 2015

Bi-Monthly Newspaper

Volume 18, No. 2

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Fall Annual Convention Welcomes Great Speakers

For your listening pleasure and a dose of energizing motivation, attend the Saturday Mixed Luncheon. You will hear **Anthony Nash** (right), a 24-year old athlete for Special Olympics Washington (SOWA), who joins **Chara McElfish** (below), Director of Program Initiatives at Special Olympics Washington, as your Keynote speakers.



Not only does Anthony compete in many sports, but he has proven that he is a brave soul by participating in the SOWA Polar Plunge fundraiser. As part of her job, Chara focuses on Athlete Leadership by looking for opportunities and training for Special Olympic Athletes to become coaches, fundraisers, ambassadors and board members for the Special Olympics Program.

The Lions Appreciation Banquet will host our current Governors and our International guest PID Esther LaMothe, who is a Michigan State Lion. She is a former teacher and school administrator who loves teaching and working with people. Lion Esther will present a seminar Friday afternoon about successfully marketing your Lions Club to your community. As with all successful ventures, it starts with a plan and PID Esther has several different ways for your club to create plans that will pave the way to success. As for Saturday night at the Lions Appreciation Banquet, Glow Worms are going to play an interesting role in this Lions' presentation; some folks may even receive one.



Three great speakers who will be bringing messages at the Saturday meals and who are also offering two very interesting seminars. See you there!

USA/Canada Forum Comes to Spokane in 2019

By PDG Laura Wintersteen-Arleth



USA/CANADA
LIONS
LEADERSHIP FORUM

The USA/Canada Lions Leadership Forum is an opportunity for Lions from Constitutional Areas One and Two to come together to learn, exchange ideas, and be motivated about serving in Lions. You are exposed to exceptional presenters who share wonderful information on being more effective in your club, in leadership and in service. You meet Lions from all over the US and Canada, as well as a few of our International Leaders. The USA Canada Forum is one of our best leadership opportunities.

This past June, the city of Spokane and the Lions of MD19 were hosts to the USA Canada Forum Site Selection Committee. We were able to showcase the best of our Multiple District and Spokane and demonstrate to them the benefits of selecting Spokane for the site of the 2019 Leadership Forum.

It was so wonderful to see the support of the Lions from throughout our multiple district during this site inspection. The dedication of our Lions impressed our visitors and demonstrated how proud we are of our area. Thank you, MD19 Council of Governors, for your support for submitting the bid to host the forum. Thank you to each Lion who came to Spokane to show your individual personal support. It truly made a difference.

This September I was in Grand Rapids, MI, attending the Forum, anxiously awaiting "The Announcement" on Saturday night at the banquet. Excitement does not even begin to describe the feelings I had when the Site Committee announced that Spokane would be the host city for 2019:

"Congratulations to District 19E, MD19 Lions and the city of Spokane for being selected as the Host City for the 2019 USA/Canada Lions Leadership Forum."

continued on page 15

Pack Your Bags !

MD19 Fall Annual Convention is Here
October 15-17, Pasco, WA.

Bring your voting delegation slips.

Be ready to cast your ballot.

See page 6.



MD19 Council Chairperson Al Beddows

Upcoming Vote on MD Convention Date

The Five Year Experiment of holding our MD19 Convention in the fall each year (October) is coming to an end. After next year's MD Convention in Spokane, we are due to switch back to the two convention format: Spring MD19 Annual Convention and an MD19 Fall Forum.



We will be voting at the MD Convention (Pasco) for one of three options:

1. Continue with the MD19 Fall Annual Convention
2. MD19 Spring Annual Convention and a Fall Forum
3. MD19 Spring Annual Convention

I have listened to all sides of the argument as well as I have lived through the change. I was a Governor at the first Fall Annual Convention and we did have some challenges. Of course it has improved since then and the Immediate past Governors and Seated Governors share the Convention. However, it is not all about the Governors.

Not all of you have had the ability to hear the debates so I have recapped the pros and cons below:

Pro Fall Convention

- a. Booking Hotels and resorts is cheaper in October
- b. Allows more time to hold the 9 District Conferences in the spring.
- c. Too expensive to have to attend their District Conference and the MD Convention in the space of 6 weeks; too much going on in the spring.
- d. It allows us to think beyond one specific Lions year and encourages the Immediate Past Governor, the Current seated Governor and the Lions in the district to work as a team.
- e. The actual involvement in the Contests and Awards is as great as it was when the convention was held in the spring.

Con Fall Convention

- a. Having Immediate Past Governors give a report on a District that is already three and a half months into a new Lions year is redundant. Most Lions and Clubs are looking ahead with new District Officers, goals and action plans.
- b. Any District that had a winner in the Spring Conferences contest and awards has lost all momentum and excitement (over the summer) to compete in the Fall MD Convention.
- c. Having a MD Convention in the spring could also be coordinated with the ZC training.
- d. At a Spring Convention the Governors have completed their Club visits and are better able to report on their respective Districts.

I feel as your Council Chair for 2015-16 I should remain Neutral. It is for the Lions of MD 19 to decide. I can live with either option.

The Opportunity to be a Leader

Shelley A Costello, Governor 19-D



When I was a Zone Chair in 2008-2009, I watched our District Governor and others in leadership roles, when given the opportunity. I knew then that this was something I wanted to do. I like to lead, to learn all about a subject or a position in life and to experience the fulfillment that comes with achieving goals that stretch your abilities in a desired field.

Looking outside of our Wenatchee Valley I became aware of what we, as Lions, were doing worldwide to help others. This was so exciting and I wanted to be part of that greater world of Lionism. Being a District Governor seemed to be the natural step for me to help lead this organization that serves humanity so well. However, District 19-D covers such a large geographical area. At the time, it didn't seem possible that I could assume this role and accomplish all that was required while holding down a 40-60 hour per week job, but I continued to stay busy in Lions, always saying, "If ever you get two District Governors, one to serve in the North and one in the South, sign me up!"

You all know the saying, "Where there's a will, there's a way." That is certainly true when you are willing to step forward and be a leader for your organization. Respected mentors showed me how I could serve as District Governor while still working. When asked, my project manager agreed to support me in taking this role with its training and travel requirements.

We cannot have a Lions organization without leaders. When you ask for help to bring your dreams to a reality, both Lions and non-Lions will willingly assist you in becoming the leader you desire to be. The world needs the service, fellowship and family provided by the Lions organization. Lions also need leaders. I am excited to have the opportunity to both serve my community as a Lion and to serve my Lions organization as one of its leaders. It will be a fun, fast-paced year.

Governor Shelley joined the Wenatchee Central Lions in 1996. She has served in all the key positions there, and been both Zone Chair and Zone Secretary. Shelley is a Melvin Jones Fellow and has received numerous other awards, including the Jack Barkley Award for Humor.

She is a choir director and sings at US Citizenship ceremonies. She also fostered a young lady who later married her only son. Wow, how many moms can say that!?

Shelley is an avid reader (for relaxation) and is in love with all things Celtic, including Celtic mythology and Celtic women's music.



Leader Dogs For the Blind

by Viva Metz, Governor, 19-F

Dogs have been a strong part of my life from childhood to the present. My mother was amazed that I actually preferred stuffed animals (especially dogs) to dolls. When I became a Lion, stuffed Lions also entered my life. Today, I have displays of dog statues, stuffed dogs, and now stuffed lions and photos of lions in nearly every room in our home, along with three, real-life, adorable Miniature Schnauzers.



My 96-year old Mother is legally blind due to Age-Related Macular Degeneration. She had the services of a Guide Dog for eight years during the earlier part of her 26 year handicap. Mom and her dog, a Golden Retriever named Ross, were very close companions and worked well together. Mom was even asked to appear on a local TV program where she was interviewed about her experience with Ross, who performed with her on stage. A special surprise at the conclusion of the show was the appearance of the thirteen-year old girl from California who was the puppy raiser for Ross ... what an emotional reunion. Even Ross was excited and stepped out of his role as guide dog to join in the merriment.

Two members of our Kennewick Lions Club are legally blind and have Guide Dogs. It is amazing how well they work together as a team. Our club supports Leader Dogs for the Blind as an official Lions project. I encourage all clubs to support this program because I have seen how it improves the lives of people.

Lions' support for Leader Dogs is part of our **Service Around the World**, which is my theme as Governor of District 19-F.

Governor Viva joined the Kennewick Lions in 2001, where she was Treasurer and secretary for six years. She was Zone Chairperson for two years and Cabinet Secretary for three years. She is a Melvin Jones Fellow and has received numerous awards, including the LCI President's Leadership Medal.

Viva is an experienced Senior Executive Secretary and, for 62 years and counting, a member of the Order of the Eastern Star, a Freemasonic appendant body founded in 1850 and open to both man and women, and service goals similar to those of the Lions.



She is married to PDG Kay Metz, and has a son and a daughter.

She enjoys sailing, hockey, gardening, and spoiling three adorable Miniature Schnauzers. She also collects stuffed animals.

Lions, Lioness and LEO's with a Creative Flair

It's time!!! Get out your sketchpad and pencils. Do some research online and learn about Fukuo-ka, Japan, the location of the 2016 Lions Clubs International Convention June 24 - 28, 2016. Now you are ready! Design a winning Trading Pin that just might be selected to represent MD19 Lions at the 99th Lions International convention.



1. Any Lion, Lioness or LEO in good standing of a club in good standing may submit a pin design that would represent MD19. Three (3) copies must be submitted of the design.
2. Color or designate the colors for the design on each copy.
3. Send all three (3) copies to:
Multiple District 19
4141 W Maplewood Avenue
Bellingham, WA 98226

DEADLINE DATE for receipt of the pin designs - OCTOBER 31st

4. A Lion, Lioness or LEO may enter as many designs as he or she wishes.
5. Designs become property of Multiple District 19. Judges for this contest are as follows: Council Chairperson, Immediate Past Council Chairperson, Vice Council Chairperson, Contests and Awards Chairperson, Executive Secretary Treasurer
6. Judges for this contest are as follows:
Council Chairperson
Immediate Past Council Chairperson
Vice Council Chairperson
Contests and Awards Chairperson
Executive Secretary Treasurer

Upcoming Special Events

Bellingham Harborview Lions Club 25th Charter Anniversary

Friday, November 6, 2015

Bellingham Golf and Country Club

No Host Bar: 6:00 PM

Program: 6:30 PM Dinner: 7:00 PM

\$25 Per Person

Guest Speaker: PDG Rosemary Richert

RSVP: Michele Barrie by October 30, 2015 at
md19admin@lionsmd19.com

Mail checks payable to
Bellingham Harborview Lions
to Connie Osborne,
2609 Ontario Street
Bellingham, WA 98225



Lioness News May/June, 2015

by Dinah Batke, MDLL



Lioness of MD19, it is indeed my pleasure to represent all of you. Whenever I read the Lioness Column, I am so proud to be part of this wonderful Organization. Some say summer is time to regroup and prepare for autumn and winter – not so with Lioness – so many events in so little time!

On behalf of the Lioness of MD19, sincere thanks to Lioness Dinah Batke who served extremely well as MD19 Lioness Chair for the past few years, and is guiding me through the *Border Crossing* routine. So, Lioness, another great year is in store for all of us; your 'good works' in the name of Lions are many and truly reflect our motto "We serve too..."

Contact me at md19anne@gmail.com or via snail mail: Lioness Anne Scott, 523 St. Charles Street, Victoria, B. C. V8S 3N8. Phone: 250 370-2359

Kelowna: D-7

A very busy summer volunteering at Kelowna Canada Day and the Opportunities Fair; they also attended Camp Winfield Open House and the D-9 Zone Meeting. The list of volunteer projects includes Retirement Centre Bingo, Senior's Fair and BBQ; Mats & Chats Babysitting and the Baby Clinic; and the Safety Village and Boys & Girls Club.

Their upcoming Calendar is full! By the time this is published they will have held their Bake Sale and Fowl Supper, volunteered at Freedoms Door Dinner and the BMO Run, and attended the District Lioness D-7 Fall Cabinet Meeting Weekend!

Moses Lake: D-5

Wow, they're at it again – Spaceburgers at the Grant County Fair and their best year ever! Some folks actually waited in line 45 minutes! In October, Spaceburger Catering will be deployed in service of the Moses Lake Soroptimist Club at their first Spaceburger Party.



Members volunteered at the Boys & Girls Club Duck Derby and cycled the 15 mile Hiawatha Trail in Idaho. Upcoming events in October include the Boys & Girls Club Auction and attending the Lioness District D-7 Fall Cabinet Meeting Weekend.

Nanaimo-Harbor Lites: I-7 Donations: \$2,000

This Club had a quiet summer, two very enjoyable Club socials, and are gearing up for another busy

year. Currently they volunteer at the Child Development Centre. A Member visited Oakville Dog Guides Training School. PDG John Higgs is visiting their October meeting to install the 2015-16 Board of Directors and conduct a mini recruitment session. They visited Lioness Sue, of Port McNeill, who was in Kamloops Hospital.

Donations included final payment of \$1,000 to Dog Guides, Oakville, ON, for a vision dog and \$1,000 for medical equipment for Kostka.

Oliver: D-8

Donations: \$300

A very busy time in Oliver with forest and town wild fires – the Lioness helped prepare food for the Fire Fighters and assisted at the Town Evacuation Center. They volunteered at the Youth Ambassador Pageant; prepared lunch for the Riders of Cops for Kids; assisted at the BBQ for the Highway to Healing fundraiser; attended Camp Winfield Open House and travelled to Moses Lake, WA, for Summer Cabinet meeting.



Here they are, happy Lioness, remembering the past and planning for the future.

Parksville: I-7

Donations: \$750

These Lioness participated in Parksville's Canada Day Celebrations and the Parksville Street Market. They attended the Lions I-7 Zone Meeting, were active at the Volunteer Recruiting Fair, and will host the Lioness 19-I Cabinet Meeting October 25 at the Lions Den. The Parksville Lioness Annual Craft Fair, their major fundraiser, will be on November 7th and include 80 craft tables, the Lioness Bake Sale and, as always, the delicious Lioness Luncheon!

A bursary in the amount of \$750 was presented to a local High School Graduate.

PORT McNeill: I-6

The Lioness of Port McNeill are also very busy with in their community, sponsoring swimming lessons for the children of the area, catering the Lions Dinner Meetings, attending Zone I-6 Zone meetings

Lioness Report Continued from page 4

and running the concession for the highly successful Lions Action Auction.

Charter Member, Lioness Olive Tunnicliff, aged 90, passed away and the Lioness attended her Celebration of Life. She will be sorely missed. Lioness Sue, also a Charter Member, was medevacked from Kamloops to her home where she is slowly recovering.

The Club awarded bursaries to two graduates of North Island Senior Secondary School.

Priest River: E-11

DG Bob Yeoman was a special guest at their September meeting. The planning committee is busy scheduling upcoming events to the end of the year, which includes the Fall Craft Fair, Annual Sleigh Raffle and a December Social. Recently, the City of Priest River and the Lioness celebrated and memorialized Lioness Karla Hatfield, who passed way last November. Karla was a 12 year member of Priest River Lioness and is sorely missed.

Sooke District: I-2 Donations: \$1,117

This was one of the most satisfying summers for the Sooke Club. Canada Day, sponsored by Sooke Lions was celebrated at the Sooke Flats where Lioness volunteered. Together with the Sooke Lions and Harbourside Lions, they hosted 2500 International Scouts and 1,500 Scouting Volunteers at Camp Bernard in Sooke. Gallons of ice cream, pop, juice, hot dogs and over 3,000 candy bags were consumed by very polite young people – what a great experience for all! Many hours were spent at the Sooke Food Bank, Sooke Fall Fair, Ball Park Concession, Salmon Derby, Sooke Museum and the dance for the Tour de Rock Cancer Ride.

They donated \$665 to Camp Barnard Scout Camp and \$402 to Tour de Rock.

South Cariboo: D-10

The town celebrated its 50th Anniversary this summer, where the Lioness set up a refreshment tent and served coffee, tea and sweets to the seniors, a very successful venture. On July 1st, some members volunteered with the Interlakes Lions at their concession stand. One Lioness helped in the Community Soup Kitchen where participation will increase now that summer travels are over. The 3rd Annual Shopping Spree is in the planning stages – a great fund raiser for the Club. And, last but not least, Meat Draws are being held to raise funds for the Club Wellness Fund. A donation of \$50 was made to the town White Cane Fund.

Toledo: G-4

If you drove through Toledo, WA, and visited the Rest Stop on I-5 in early September, the Toledo Lioness welcomed you with coffee and cookies – they even had Lions from Alaska. Their major fund raiser, Cheese Cake Day, was highly successful with the Lions Club doing the BBQ and the Lioness making S-mores. They held a silent auction and raffle. Proceeds went to scholarships and community needs.

October 4th is their Community Afternoon Tea and fashion show. Look for the upcoming Turkey Bingo!

Victoria Chinatown: I-2 Donations: \$775

These Lioness were also extremely busy this summer! They volunteered at the Victoria Canada Day Celebrations and Scrub-Up Chinatown, celebrated with the Dart Coon Club, Hoy Sun Association and Shon Yee Association, and held a clothing swap.



They also participated in the Victoria 'Women 2 Warrior' event (above), and attended the Sooke Lions 50th Anniversary. Soon they will be celebrating the author Paul Yee.

They made donations of \$100 to the Dart Coon Anniversary, \$100 to the Victoria Boys and Girls Club, \$500 to a UVIC Bursary, and \$75.00 to various charities in honour of Club Members' Birthdays.

West Bank Kelowna: D-7

Members attended Camp Winfield Open House and the Zone D-7 Meeting. Their summer activities included a BBQ for the residents of the Lions Manor, where two members serve on the Board of Directors. They volunteered at the local Thrift Shop and completed their regular monthly eyeglass pickup. Club Members attended a Memorial Service for one of their own, Lioness Erika Meissel, who is sorely missed.

Williams Lake: D-10 Donations: \$1,000

These Lioness continued their service with the Red Cross Loan Cupboard, assisted with the registration for the Terry Fox Run, and prepared lunch for Glen Arbor senior residents. They also helped with gate-keeping duties at the Annual Harvest Fair and "womaned" a Membership Booth in conjunction with their "bulb" fundraiser. In July, they travelled to the South Cariboo Lioness for a luncheon date. They joined their Lions Club to enter a float in the Williams Lake Rodeo Parade. Their theme was Volunteering!

Remember, "We Serve, too."

Additional Recipients of Excellence**2014-2015 Secretary Excellence Recipients**

Josephine Lee, Vancouver East Lions Club, A-1
Sandra Yung, Vancouver Shaughnessy Lions Club, A-1
Cec Specht, Comox Valley Monarch Lions Club, I-5

2014-15 Club President Excellence Recipient

Yolanda Leung, Vancouver Pacific Lions Club, A-1

Winter Council Meeting

Date: Saturday, February 20, 2016

9:00 am Start

Location: The Heathman Lodge, 7801 NE Greenwood Drive,
Vancouver, WA 98662

Pre-Council Meeting: Friday February 19, 2016

7:30 pm Start

MD19 Lions have a block of rooms in the Heathman. All Lions, including the Council of Governors and 1st and 2nd Vice District Governors, must make their room reservations directly with the hotel by phone.

Hotel Phone Number: 888-475-3100. Ask for the "Lions Winter Council of Governors Meeting" room block and rate of \$124.00 U.S. Funds plus tax for Single and Double Occupancy and includes breakfast.



Deadline for Reservations: **January 21, 2015.** Make room reservations early!

Hotel Amenities:

- Complimentary breakfast served daily
- Indoor swimming pool, hot tub and sauna
- Complimentary onsite parking
- Complimentary wireless high-speed internet access in all rooms
- Onsite 24-hour Business Center Services on 2nd floor
- Daily housekeeping
- Complimentary USA Today
- Nautilus inspired workout facility



Meal Registration Forms will be in the November/December *Border Crossing* mailed December 10th.

Roster & Border Crossing Ordering Options

The Roster includes contact information for MD19 Lions and Lioness Clubs, MD19 Committee Chairpersons, District Committee Chairpersons; Zone Chairpersons and Past District Governors.

The *Border Crossing* is automatically emailed by AWeber as a link to all club, zone, district and multiple district officers. Those wanting a hard copy of the paper, including the above listed officers, will need to purchase a subscription. The 2015-2016 Subscription will begin with the August issue. If you would like to begin receiving a hard copy of the *Border Crossing* with the June issue, please add \$1.80 for a copy going to a US address and \$2.36 for a copy going to a Canadian Address.

All prices in US Funds and Begin with August Issue unless otherwise noted

2015-2016 MD19 Roster: Cost is **\$4.00 US Funds** plus postage and shipping.
Add \$3.00 S/H for US addresses and \$4.00 for Canadian addresses.

Border Crossing: 5 Issues in **hard copy format.** Subscription begins with August issue. \$13.25 to US Addresses; \$16.50 US Funds to Canadian Addresses.

2015-2016 MD19 Roster and hard copy of Border Crossing

Mailed to US Addresses: *Border Crossing* \$13.25 plus Roster \$7.00 = \$20.25 US Funds

Mailed to Canadian Addresses: *Border Crossing* \$16.50 plus Roster \$8.00 = \$24.50 US Funds

Total Purchase

Send form with your check or money order to cover all items ordered to MD19, 4141 West Maplewood Ave, Bellingham, WA 98226. No Credit Cards Please! All orders are pre-paid only. Questions: 360-733-4911 or md19lions@lionsmd19.com

Mailing Information

Print Name on Line Above

Phone number / Email Address

Print Mailing Address

City,

State/Province, Zip/Postal Code,

Country

Border Crossing Link! IMPORTANT! All Club, Zone, District and Multiple District Officers and Email Border Crossing subscriptions will receive an email from Patricia Allen, via our AWeber email communications system sometime in late July with the Subject: "**Confirm Your Subscription**". Within that same email is a link that you need to click on in order **to give us permission** to send you the Border Crossing link and other important MD19 information during the year. You **must confirm your "subscription" in order for us to communicate with you by following this procedure.** If you do not confirm that you will accept further communications via AWeber your email will be automatically removed from the list and nothing further can be sent to you.



We See a Budding Artist

TIMMY'S CHRISTMAS TELETHON

Presented by Shaw
Sunday, December 6th



Helping a family with a child in need is as easy as turning on the television and watching the 28th annual Timmy's Christmas Telethon presented by Shaw.

On Sunday, December 6th the annual Christmas Telethon will showcase the wonderful work that the BC Lions Society & Easter Seals does for children with disabilities. The BC Lions

Society & Easter Seals provides programs and services through their three Easter Seals Camps; Squamish, Winfield & Shawnigan where approximately 800 children attended camp this year, and their Easter Seals House where they accommodate over 30,000 bed nights each year.

Timmy's Christmas Telethon is our way of showcasing our services and recognizing the good work of Lions & Lioness Clubs. From 6pm to 10pm we will feature entertainment, special celebrity guests, and inspiring stories that introduce many of the families and the special services required by their children. These services are financed by the funds raised through events like the telethon and the generous support of telethon donors.

The BC Lions Society & Easter Seals has a great history with Lions & Lioness over the years and we need your support! So tune in to Shaw TV Channel 4, Shaw Direct Channel 299 or livestream from your computer at www.timmys.org and watch Timmy's Christmas Telethon on Sunday, December 6th.

You can make your pledge during the telethon by calling 1 800 818-4483 or in advance by contacting Connie Silas at csilas@lionsbc.ca or mailing in your donation to Timmy's Telethon, 3981 Oak St, Vancouver, BC V6H 4H5.

Do it for the kids!

Paid Advertisement.

MD19 2015 OFFICIAL TRADING PIN ORDER FORM

Mail Order Form to: MD19 Office, 4141 W Maplewood, Bellingham, WA 98226



NAME: _____

CLUB NAME: _____ DISTRICT / ZONE _____

MAILING ADDRESS _____

Trading Pin (1.5") # _____ Pins @ \$1.25 each = \$ _____

SHIPPING \$ _____

TOTAL \$ _____

SHIPPING CHARGES

Mailed to US		To Canada (if mailed from US)	
# pins		# Pins	
1 to 8	\$2.32	1 to 6	\$6.55
9 to 12	\$2.50	7 to 13	\$7.65
13 to 15	\$2.71	14 to 17	\$8.80
16 to 20	\$2.92	17 pins max to Canada	
21 to 24	\$3.13		

All credit card payments are in US Funds and only for orders of \$20.00 or more. There is an additional 3% service charge. Orders under \$20.00 pay by check. Make checks out to MD19 Lions.

Card Type [] Visa [] M/C Card #: _____ Expiry Date: ____ / ____

Signature, if paying by Credit Card: _____

Any orders over 17 pins to Canada or 24 pins to the US, call MD19 Office to make arrangements

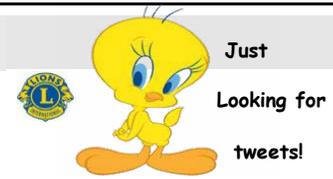
Pin Orders **MUST BE PREPAID**

Pins damaged in shipping will not be replaced by the MD19 Office.

Calling all Lions, Lioness & Leos

MD19 Lions Fall Annual Convention Registration

October 15 - 17, 2015 (1 person per Form)



Send Form with check in U.S. Funds made out to "MD19 Lions Annual Convention" to Registrar Karen Clayton, 10031 Locust Lane, Pasco, WA 99301 or email form with Credit Card information to: sj.kaclayton@gmail.com

****Final Deadline for all registrations Sunday, October 11, 2015. No refunds after October 11th.**

Name: _____ Check if joined Lions after 7/1/2014: _____
 Circle Appropriate Title: Lion / Lioness / Leo / Guest Check if Attending 1st Convention: _____
 Check if you are a Key Member: _____

Club: _____ Dist / Zone: _____ Current Office: _____

Address: _____
Street City Province / State Zip / Postal Code

Phone Number with area code: _____ Email Address: _____

Check if Vegetarian: _____ (Alternate vegetarian meal provided.)

List below life-threatening food allergy, such as mushrooms or shellfish, which will cause serious illness or death:

Special Meal Requests must be received BY OCTOBER 9, 2015.

Date	Event	Price U.S.	Amount Enclosed
Registration Information	Registration Lions, Lioness, Guests; No Leo Registration Fee	\$20.00	
	After October 9th, Registration	\$25.00	
	Pin Trader Table Rental Fee (Waived if registers & buys a meal ticket)	\$25.00	
	Vendor Table - Selling a Product (\$25.00 per day)	\$25.00	
Thursday, 10/15/15	Kick-Off Lunch Buffet	\$24.50	
	Hanford Reach Interpretive Center 1:00 PM	\$12.00	
Friday, 10/16/15 2:30 PM	Visit to Locally Owned Country Mercantile 10:30 AM	\$5.00	
	Luncheon Honoring Key Members - Everyone Welcome!	\$21.75	
	Wine & Food Pairing Event (3 Different Wines & Appetizers)	\$28.00	
	Friendship Dinner - Fun Night Included with Dinner	\$33.25	
	Cartoon Capers Fun Night (Fun Night Ticket ONLY)	\$15.00	
Saturday, 10/17/15 Choose One: <input type="checkbox"/> <input type="checkbox"/>	PDG & Partners' Breakfast (PDG's & Partners Only)	\$14.25	
	Winery and Carousel Tour 10:30 AM	\$10.00	
	Mixed Luncheon	\$20.50	
	Lions Appreciation Banquet - Alaskan Halibut	\$37.00	
	Lions Appreciation Banquet - Bacon Wrapped Kobe Top Sirloin	\$37.00	
Total Amount Enclosed			

Please Note: If paying by Credit Card, you will be paying in U.S. Funds. You could be charged exchange and a small fee.

Please Check Credit Card Type: () Visa () Master Card

Card #: _____ Expiration Date: ____/____/____

3 Digit Security Code found on back of card _____

Signature if paying by Credit Card: _____

Abbreviated Descriptions of Meals - All meals are served except Thursday lunch. All include a beverage.

Kick-Off Lunch: Build a sandwich with Turkey, Prime Rib, or Tuna & Vegetarian Options, Assorted Breads, Tomatoes, Onions, Lettuce, Pickles, Coleslaw, Tossed Green Salad with Assorted Dressings

Key Members Lunch: Ham & Swiss or Vegetarian Wrap, Chips, Fresh Fruit, Cookie

Friendship Dinner: Tomato Soup, Mango Papaya Chicken Breast, Bacon Cheddar Potato Cake, Strawberry Cheesecake

PDG & Partners' Breakfast: Scrambled Eggs, Ham Steak, Breakfast Pastries, Orange Juice, Breakfast Potatoes

Mixed Lunch: Roast Turkey Club on Ciabatta Bread with Bacon, Lettuce, Tomato, Swiss Cheese, Avocado, Chips, Fruit, Cookie

Lions Appreciation Banquet: Alaskan Halibut or Bacon Wrapped Kobe Top Sirloin, House Wedge Salad, Roasted Lyonnais Potatoes, Seasonal Vegetables, Rolls and Butter, Carrot Birthday Cake

2015 MD19 Fall Annual Convention

"The Zany World of Cartoons and Comics!"

October 15 - 17, 2015

Red Lion Hotel Pasco

Additional Hotel Information

If you are bringing your RV and need a place to park it . . . contact Sam Clayton (509) 531-6835 for suggested Parks.



Overflow Hotels are available. The MD19 Lions have filled our block of Rooms at the Red Lion and Best Western! **Overflow Hotels are Close By:**

1. **My Place Hotel, 6830 Rodeo Dr, Pasco (509) 542-2186**
2. **Holiday Inn Express, 4525 Convention Place, Pasco (509) 543-7000**

Give one of them a call and join in the fun at the 2015 MD19 Fall Annual Convention! See you there!

Meal Registrations are Due!

Fill out and Email to Registrar Karen Clayton today!
Email address on registration form!

"What! You haven't made your reservation yet?! I say, I say, what's the hold up?"



Skeleton Convention Schedule - Subject to Change

WEDNESDAY, October 14

4:00 - 7:00 pm	General Registration	Olympic Foyer
7:30 pm	Pre Council Meeting - Open to Everyone	Olympic Room

THURSDAY, October 15

8:00 am-8 pm	Registration Open	Olympic Foyer
8:30 am	Council of Governors' Meeting	Olympic Room
Noon	Convention "Kick-Off" Lunch	Gold Room
1:00-5:00 pm	Voting Certification Open	Olympic Foyer
1:00-4:00 pm	Tour to the Reach Interpretive Center	
1:00-2:30 pm	Join the Team - Take Care of Your Environment	Nancy Messmer
2:45-4:00 pm	Diabetes Awareness Stride for Pride Walk	PDG Georgia Medwedrich
7:30-9:00 pm	Opening General Session	Olympic/Gold Rooms
	3 State of the District Addresses: H, I, G	
	Officer Nominations: Enoch Rowland, Council Chairperson, 2016-17	
	Introduction of Candidates for VCC and International Director	
	Town Hall Question & Answer Period on Subject of MD19 Annual Convention:	

FRIDAY, October 16

7:00 am-9:00 pm	Registration Table Open	Olympic Foyer
8:30 am-Noon	Certification Table Open	Foyer Door of Spruce Rm
8:30-10:00 am	Second General Session	Olympic/Gold Rooms
	Unforgettable Performance by Mouseketears from Sooke Harbourside Lions	
	Entry of District Banners,	
	3 State of District Addresses: D, A, F	
	Recognition of Excellence in Club Presidents, Secretaries, Zone Chairpersons & Membership Directors, & Presentation of Visitation Awards	(Continued Next Page)

FRIDAY, October 16 CONVENTION SCHEDULE continued

9:00 am Deadline for submitting Scrapbooks, Business Cards, Brochures i

10:30 am-12:00 pm Tour to Local Old Fashioned Mercantile

SEMINARS: 1. Mentoring & Power Point Presentations PZC Frank Bega

2. New Club Extension

PZC's Lyne and Leo Mareau

3. A Peacock in the Land of Penguins

ZC Sharon Sikes

4. CARE

Dana Tseng & ZC Jane Beddows

5. Creative & Fun Club Officer Installations

PZC Linda Schaffrick

12:30 Luncheon to Honor Key Members & New Members

Olympic/Gold Rooms

2:30-5:00 pm Certification Table Open

Foyer Door of Spruce Rm

2:30-4:00 pm **SEMINARS & SPECIAL EVENT**

1. Pairing Wine with Right Food - Taste and See

Red Lion Chef

2. Marketing Your Lions Club

PID Esther LaMothe

3. Meet the MD19 Foundations- Who and What are They?

Kathy McDevitt

4. Japan and Its People

Lioness Anne Scott

5. Lioness Get Together

Lioness Anne Scott

4:30 pm Contests and Awards Competitions

Bronze/Silver Rooms

6:00 pm Social Time & Friendship Dinner

Olympic/Gold Rooms

7:00-9:00 pm Certification Table Open

Foyer Door of Spruce Rm

8:00 - 10:30 pm Fun Night Looney Lions (Favorite Cartoon Character) Olympic/Gold



SATURDAY, October 17

6:45 am Election Chairperson & Committee Meeting to set up elections.

Spruce Room

6:30 am - Noon Registration Tables Open

Olympic Foyer

7:30 -11:30 am Certification & Voting

Spruce Room

6:50 am PDG and Partners' Breakfast

Bronze Room

8:30 am Memorial Service

Olympic/Gold Rooms

9:15-10:30 am Closing General Session

Uniform Parade, 3 State of the District Addresses C, E, B,

Announce Winners of Contests & Awards

10:45 am Tour: Winery & Carousel Tour

SEMINARS & MEETINGS: 1. Washington State School for the Blind

JaReda Webb

2. Club President Meetup (Rap) Session

PDG Mike Gayda

3. Secretary Meetup (Rap) Session

VDG Jan Weatherly

4. ZC Meetup #1 (Rap) Session

PDG's John Kerry & Steve Somerset

5. Everything you Ever Want to Know About Lions

PDG's Paul Kauzlarich & Jon Whitman

6. NWLERC Annual General Meeting

Secretary Hope Ramsdale

12:00 Doors Open for Mixed Luncheon - starts at 12:30 pm Olympic/Gold Rooms

Speaker Special Olympics - Chara McElfish & Special Olympian Anthony Nash

2:30 - 4:00 pm **SEMINARS & MEETINGS**

1. Public Relations

PDG Kathy Crawford

2. Special Olympics

Chara McElfish & Anthony Nash

3. District Global Leadership & Membership Team Meeting MD19 GLT & GMT

4. Zone Chairperson Meetup #2 (Rap) Session

VDG Steve Muerz, PZC Donna Muir

5. LEO Clubs

Brittany Karas

6. YEP Annual General Meeting

PZC Rob Schumer

6:30 pm Lions Appreciation Dinner

Olympic/Gold Rooms

THEME: What's Up Doc? In honor of Bugs Bunny's 75th Birthday

Speaker

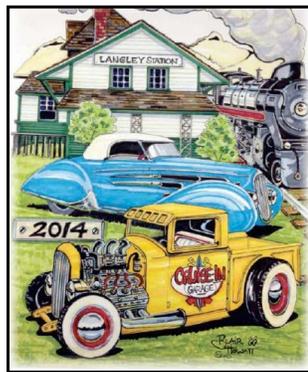
PID Esther LaMothe

MD19 Lions Distinguished Service Award

MD19 Lioness, Zone Chairperson and Secretary of the Year Awards

Langley Lions Use Cars to Raise Cash

The Good Times Cruise-In is an annual car show and fundraiser of the Langley Lions Club held in September. They raise their funds through a 50/50 draw, a pancake breakfast and an afternoon barbecue. This year Paul Dondo of Maple Ridge (at right), a Coquitlam school teacher, was surprised and pleased to win the \$4,000 grand prize in the 50/50 draw. Members of the Langley Lions Club heartily greeted Paul at their Sept 17 club meeting for the cheque presentation.



Proceeds from the cash draw benefit the many charitable causes supported by the Langley Lions Club, including Douglas Park Elementary School, Easter Seals camps, Langley Christmas Bureau, RCMP Cadet Camp, and children and families in need. Learn more about the Good Times Cruise-In at info.LangleyLions@gmail.com.

Kitsilano Leos Celebrate Charter Installation

By VDG Grace Hwo

The Vancouver Kitsilano Leo Club (Zone A7) was chartered in June, 2015. It is a school-based club sponsored by Vancouver Burrard Lions Club. Their Leo Advisor is Past President Gary Matson and their School Advisor is President Fred Lackmance. Twenty-six students became Leos at their charter ceremony, which was held in the Kitsilano Secondary School library on September 24, 2015. PDG Linda Wong was the induction officer and PP Kirk Dickson was the installation officer. IPDG Jimmy Ho and his wife Cindia, 1st VDG Simon Yau, 2nd VDG Grace Hwo, PZC David Thompson, Secretary Tom Miyamoto and other club members of Vancouver Burrard Lions also participated.



The club is dedicated to service in the school library and also expects to be active in the community.



Border Crossing / AWeber (Emailed Ads and Fundraising Events sent to MD19 Lions)

Name of Company or Club: _____

Contact Person: _____ Phone Number: _____

Email: _____

Billing Address: _____

Street Address / P.O. Box City State/Prov. Zip/Postal code

Size of Ad: _____ #of issues: _____ Amount Paid: _____

If paying by credit credit card, please complete the following: () Visa () Master Card

Card # _____ Expiry Date _____ / _____

Signature: _____ (payment will be in US Funds)

**Border Crossing / AWeber (Emailed Ads & Announcements sent to MD19 Lions)
2015-16 Rates cover inclusion in 1 issue of
The Border Crossing and 1 AWeber Message.**

Full Page	\$160.00	(8.5 x 11)
1/2 Page	85.00	
1/4 Page	50.00	
Business Card	35.00	

The *Border Crossing* is published August, October, December, February, April & June with a publication date of the 10th of the month. All ad information **MUST** be in the MD19 Office by the last day of the month previous to publication.

The AWeber announcement with the ad will be emailed out to all subscribers within 10 working days of the *Border Crossing* in which the ad is published.

Submission Guidelines: Camera ready artwork in either a .jpeg, .png or .tif file. When submitting written copy only, not camera ready, an additional \$25.00 will be charged for ad design. You will be asked to sign off on any ad created for you. Specify ad size and number of issues the ad will run.



MD19 Roster Cut and Paste



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 Email: sandymcmurray67@gmail.com

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 Email:

LIONS MEETINGS
 Skykomish Mountain B-1
 7:00 PM
 2nd Thursday
 Spokane Manito E-9
 12:00 PM / 7:00 PM
 2nd Mon. / 4th Mon.

LIONS SPECIAL MEETING CHANGES
 Gordon Head I-3
 Nov. 11th meeting moved to Nov. 10th

CONVENTIONS, EVENTS, MEETINGS & SCHOOLS
2015

Regional Progress & Planning Meetings for Club Support Teams:
 A,H, I Hosted by 19-H October 31 Langley, BC
 D,E,F Hosted by 19-E November 7 Spokane, WA
 B,C,G Hosted by 19-B November 14 Kennewick, WA

MULTIPLE DISTRICT 19, LIONS CLUBS INTERNATIONAL
 Enoch Rowland, Vice Council Chairperson
 520 So 208th, Des Moines, WA 98198

MD19 COMMITTEE CHAIRPERSONS
INFORMATION & TECHNOLOGY PZC Ken Ball
 2908 Montgomery Pl., Mount Vernon, WA 98274

MD19 Webmaster PZC Sandy Ball
 2908 Montgomery Pl., Mount Vernon, WA 98274

POLICY MANUAL
 H. PID Dur Robinson

MD19 FOUNDATIONS & PROJECTS
CARE
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 Seattle, WA 98105 No Fax

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 324 Peshastin St., Cashmere, WA 98815 Email: lionlynn@frontier.com

DISTRICT 19-G COMMITTEE CHAIRPERSONS
LEADERSHIP (GLT) PZC Peter Anderson
 4715 Y St., Washougal, WA 98671

DISTRICT 19-H COMMITTEE CHAIRPERSONS
INFO & TECH PZC Ken Ball
 2908 Montgomery Pl. Mount Vernon, WA 98274

DISTRICT 19-A
District Web Page: www.19alions.org

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	<u>PRESIDENT</u>	<u>SECRETARY</u>
MOSES LAKE D-5		Michaelle Boetger PO Box 21 Moses Lake, WA 98837
PARKSVILLE I-7	Kirsteen McLean 1596 Dalmation Dr. Parksville, BC V9P 1Y7	Kathy Green #2-493 Pioneer Crescent Parksville, BC V9P 1V2
SOUTH CARIBOO D-10	Jean Nixdorf 7612 Salish Rd. Lone Butte, BC V0K 1X3	
WILLIAMS LAKE D-10	Midori Kozuki Email: edkozuki@hotmail.com	

ZC Mark Mansell, Vice president Ruth Kinder and President Gregg Peterson, ID Don Shove, Governor JD Nelor, 1st VDG Monte Ward and PDG Jim Terrell play a rousing rendition of Happy Birthday at the Napavine Newaukum Lions charter night in July.



Malcolm Island Lions Lead Emergency Preparedness Project

By John Meadows

From the last issue of the *Sointula Ripple*

A recently completed partnership project of the Malcolm Island Lions, School District 85 and the local Emergency Preparedness Committee has converted the AJ Elliott Elementary School gym into Malcolm Island's primary Emergency Reception Centre. The project was led by Lion Lawrie Garrett and involved many volunteers. Generous donations of materials and services made the project possible.



The project had three stages beginning in 2013 with the salvage of two generators from the school at Echo Bay on Gilford Island, some 20 miles as the raven flies. Owners Peter Arratt and Terry Eissfeldt, of West Coast Helicopters, kindly donated their

services to move the generators from the school to a nearby float at the Salmon Coast Field Station. Kathryn Wykes flew the mission. Jackie Tanner then hoisted the generators aboard his boat, the Bon Accord II, and delivered them to Sointula, on Malcolm Island.

In the second phase, the propane-powered generator was installed at the gym at AJ Elliott Elementary School so that it can be used as an emergency shelter in the event of disasters such as wildfire and tsunamis. The generator will provide heating, lighting, communications and other essential services. An additional propane tank was also installed to ensure a reliable fuel supply.

The final phase of the project was completed earlier this summer when volunteers from the Lions and Emergency Committee built a shed for the second generator. The shed was designed by Max Primgaard and built by Hans and Stefan Madsen with "help" from



several volunteers. Throughout construction, Hans and Stefan, both skilled carpenters, graciously pretended that they appreciated all that assistance. The Lions donated the building materials, and the concrete was donated and poured by Lion Art Swanson. The exhaust system was designed, donated and built to exacting marine specifications by Lions president Rich Shaw. School District 85 donated the cost of wiring the shed and plumbing the propane lines. Electrician Richard Cleric wired the facility and plumber Guy Carlson installed the copper fuel lines and regulators.

Percentages of WMMR's received and dues paid for the month of September; First Half dues for 2015-2016

	WMMRs	Dues Pd.
19-A	73%	72%
19-B	82%	76%
19-C	91%	91%
19-D	71%	79%
19-E	88%	86%
19-F	66%	87%
19-G	57%	88%
19-H	96%	94%
19-I	100%	79%

Clubs Over 100 for September, 2015

G 1	LONGVIEW-PIONEER	169
H 7	COUPEVILLE	126
D 2	WENATCHEE-CENTRAL	114
H 1	BELLINGHAM-CENTRAL	113
E 1	SPOKANE CENTRAL	106
E 11	PRIEST LAKE KANIKSU	102

Memorials for August, 2015

B 1	Monroe	George Ralph Brow
B 5	Renton	Wayne H. Armstrong
B 6	Tulalip	Charlotte Lally
C 4	Bremerton Central	Michael J. Sullivan
D 8	North Shuswap	Lonnie Cumming
E 4	Creston	Joseph Arthur Daignault
E 11	Priest Lake Kaniksu	Lucy M. Storro
F 5	Lewiston	Dennis D. Opdahl
F 6	Benton City	Carol L. Doctor
G 1	Kalama	Kathryn Hutchison
G 2	Fort Vancouver	Maurice Herbert Schwartz
G 2	North Clark	Ferman Killian
H 5	Port Coquitlam	Dianne P. Graves
H 6	Chilliwack Dogwood Monarch	Kenneth F. Joy
H 6	Chilliwack Mount Cheam	George Hall
H 6	Chilliwack Stellers Jay	Joan Maxwell
I 1	Port Angeles	Larry Kelly
I 2	West Shore	Albert H. Minnings

Memorials for September, 2015

B 6	Granite Falls	Richard Osborne
C 6	Lacey Sunrise	Benjamin L. Daugherty
C 6	Lacey Sunrise	Gene H. Hine
D 2	Cashmere	Jim Heacock
D 3	Kamloops Aberdeen	Roy Inouye
E 2	Grand Coulee Dam	Alice Hood
E 9	Spokane Hillyard	John V. Boes
E 9	Spokane Southeast	Jerry B. Murphy
F 3	Touchet Gardena	Stuart Durfee
F 7	Moscow Central	James B. Demeerleer
G 1	Longview Pioneer	Steve D. Hundley
I 1	Port Angeles	Karin M. Stout
I 2	Esquimalt	Duke Sherritt

Vital Lions Information

CLUB DUES: MD19 First Half Dues for 2015-16 are past due. If the Treasurer or Secretary/Treasurer did not receive a dues bill, please contact the MD19 Office.

CLUB OFFICER CHANGES: Please inform both the MD19 Office and LCI right away when there is a change in your club President, Secretary or Treasurer. The new officer information will be included in the Cut-n-Paste section of *The Border Crossing* and the master mailing list will be updated for future mailings from the MD19 Office. We do not receive the information from LCI when you only post a change on the LCI website.

SUBMITTING THE CLUBS' WMMR: Club Secretaries need to be aware that if no membership changes have occurred in the month of the report they **STILL NEED TO GO ONLINE** and indicate that nothing has changed by clicking on "Report no Membership Changes for (current month)" under the 'task' section on their clubs' MyLCI site. Otherwise they will not be given credit for submitting a report for that month.

Backdated information for the previous two months submitted during the next month will not be credited to the club as the missing months' report(s).

As a general rule, when submitting your report for the month it is better to submit earlier in the month in case there are internet issues with LCI on the last day of the month.

ZONE MEETINGS: You probably have attended your first zone meeting for the 2015-16 year. Zone Chairpersons are required to report which Presidents and Secretaries were in attendance at the meeting. It is important that you also record your club's attendance at the zone meeting on your Club's Monthly Visitation Form, making note that the President and Secretary were in attendance. The form is found on the MD19 website under the link "Forms". This is in case the Zone Chairperson does not send in the required report.

ZONE CHAIRPERSON'S REPORTS ONLINE: Zone Chairperson's may need to 'refresh' their webpage when accessing the Zone Chairperson's expense claim form on the MD19 website. The correct form has updated postage amounts and the form should show a date of E-ZC 2015 in the lower right corner.

The Border Crossing: Officers of MD19, which includes the Presidents, Secretaries, Zone Chairpersons, etc., who have supplied the



MD19 Office with an email address are automatically added to our AWeber communications system and sent a link for *The Border Crossing* when a new issue is uploaded to our MD19 Website. If you do not receive any AWeber messages from this office then you will need to sign up for *The Border Crossing* through our website. On the main page of the site (www.lions-md19.com) select 'Border Crossing' followed by 'Border Crossing Sign-Up'. Fill out the form and hit submit. You will receive a confirmation email that you need to give permission to in order for AWeber to send you messages.

MD19 FALL ANNUAL CONVENTION: Please remind your Delegates that they **MUST** bring their voting certification form(s) with them in order to vote at the Convention in Pasco, WA. Voting will take place on Saturday, October 17, 2015.

LIONS ENVIRONMENTAL PHOTO CONTEST

MD19 needs a new entry for the 2015-2016 year! Read the rules below. If you have been snapping pictures of the environment in your "neck of the woods" and have a good one to enter, send it to your Governor!

Important Guidelines

Entries: original, unaltered, black & white or color photo **without people**.

Subject: environment around your Club. Refer to LCI [Environmental Photo Award Rules](#). Lions from Clubs in good standing can enter one (1) original photo to their District Governor in one of the following five (5) categories: (1) Animal Life, (2) Landscapes (urban or natural), (3) Plant Life, (4) Weather Phenomena, and (5) Special annual Lions International theme. Entries must be received by District Governor on or before December 15th. The **One** selected District Photo is sent to MD19 Office to be received on or before January 15th. MD19 winning photo and entry form is forwarded to Lions Clubs International by March 1st.

1. Photos must be submitted in printed 8"X10" format. No digital or emailed photos accepted. One entry per club. Photos on 8"x10" (20.3 x 25.4 cm) paper with a smaller image will not be eligible for the contest.
2. Photographs must be original and unaltered. Photographs depicting people disqualified unless specified by LCI. A photo may not be submitted twice.
3. Winners selected on originality, artistic merit and portrayal of environmental themes.
4. A completed [official entry form](#) must accompany each entry.
5. Submitted photos become the property of Lions Clubs International. Entrants responsible for all costs in taking and submitting photos.

Check out the district winners for last year at the MD19 Convention in Pasco!

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Editor's Salary The salary for *The Border Crossing* Editor is funded by a grant from the MD19 Lions Service and Leadership Development Foundation. This is an example of your leadership dollars at work in the multiple district.

US/Canada Forum continued from page 1

The Site Selection Committee was really impressed with the quality of our bid and the enthusiasm of the MD19 Lions when the Committee visited Spokane to review the Bid. Kudos to "Visit Spokane" Convention Visitors Bureau's Sonja Hughes and Kim Ritten for the tremendous work and diligence on the Bid submitted and for continuing to follow up on the bid right to the end of the process. Spokane has excellent convention facilities and services. It has all that the Forum looks for in a host city and more.



Way to go, Lions of Multiple District 19 and Spokane!!!

Diabetes And You

By IPDG Georgia Medwedrich, MD 19 Diabetes Chair

Did You Know over 9 million Canadians and 29.1 million Americans live with diabetes or pre diabetes. Chances are, diabetes affects you or someone you know.

- Three of the many risk factors of diabetes
- Being overweight, especially if that weight is carried mostly around the waist;
 - Having a parent, brother or sister with diabetes;
 - Having high blood pressure

Watch for my monthly newsletters to start in September!

Convention Hotel Update !

Good News! Lots of Lions are attending the MD19 Convention and our block of Rooms at the Red Lion and Best Western is completely sold out.

More Good News! We have the contact numbers for several overflow hotels in the area:

- 1. My Place Hotel, 6830 Rodeo Dr, Pasco (509) 542-2186**
- 2. Holiday Inn Express, 4525 Convention Place, Pasco (509) 543-7000**

Give one of them a call and join in the fun at the 2015 MD19 Fall Annual Convention! See you there! Patty

Mail "Moving Form" for the Border Crossing to
 M.D.19 Lions Office, 4141 W Maplewood, Bellingham, WA 98226

Old Address (Print):
 Name _____ Phone # (_____) _____

Address _____
 Street City State/Prov Zip/Postal Code

New Address (Print):
 Name _____ Phone # (_____) _____

Address _____
 Street City State/Prov Zip/Postal Code

MD19 Calendar of Events

The future depends on YOU!
Ask someone to become a Lion!



2015

Region Progress and Planning Meetings

A, H, I	19-H Host	October 31	Lions Hall, Langley, B.C.
D, E, F	19-E Host	November 7	Lilac Services for Blind, Spokane, WA
B, C, G,	19-B Host	November 14	TBD

2016

A-7 Vancouver Sunshine Lions Club Charter Night		January 26 (tentative date)
NW Lions Leadership Institute	Yakima, WA	February 4-6
Winter Council Meeting	Heathman Lodge, Vancouver, WA	February 19 & 20
Spring Council Meeting	Yakima, WA	May 25 & 26
District & Zone Officer Training	Yakima, WA	May 26 - 28
Fall Annual Convention	Red Lion Hotel Spokane, WA	October 19 - 22



Remember back in the day when lots of us wore those big "ASK ME ABOUT LIONS CLUB" pins like the one pictured here? They were great conversation starters and they could be again. Your club can design its own and have it made very inexpensively. All your members can have one, and even your new A-Frame can wear one in its lapel whenever it goes stepping out.

The Border Crossing
MD19 Lions Office
4141 W Maplewood Ave
Bellingham, WA 98226 USA